## HEALTH UNIT: SECTION 5 Preventive Care – Regular Checkups

Directions: Check word meanings orally with students. Discuss meanings and give examples for any unknown words or concepts. Use graphics and <u>Reading Passage -Section 5</u> to help clarify.

preventive checkup appointment

Supplemental Vocabulary (words which may come up in oral discussions or other activities)

cholesterol - a soft, waxy, fat-like substance that is

produced by the liver. It is needed to make certain hormones and to build cell walls. Cholesterol is found naturally in foods that come from animals, such as

meat, fish, eggs and dairy.

tetanus - a disease characterized by spasm of

voluntary muscles, especially of the jaw, caused by a specific bacterium which is usually introduced through a wound

screening (test)- to test or examine for the presence of

something, such as a disease

hepatitis - an inflammation of the liver that can be

caused by a virus, alcohol, and some drugs. <u>Hepatitis A</u> is caused by a foodborne virus, found in contaminated shellfish, or food and water exposed to unsanitary conditions. <u>Hepatitis B</u> is caused by a blood-borne virus, and is

transmitted sexually or through

contaminated needles.

vaccine - a preparation, usually containing dead

microorganisms, that is given to produce or increase immunity (resistance) to a particular disease

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virus - microorganisms (very, very small

organisms) that are capable of growth and multiplication only in living cells, and that cause various diseases in

humans, animals, or plants

immune – having a high degree of resistance to a

disease; incapable of being harmed by something; protected from something

immunizations - vaccinations against disease

Pap test - a test for the early detection of cervical

cancer in women